

# Children & Young People Select Committee

A meeting of Children & Young People Select Committee was held on Wednesday, 4th June, 2008.

**Present:** Cllr David Harrington (Chairman), Cllr Mrs Ann Cains, Cllr David Coleman, Cllr Mick Eddy, Cllr Maurice Frankland, Cllr Miss Barbara Inman, Cllr Alan Lewis.

**Officers:** G Birtle, F Shayler (LD).

**Also in attendance:** Sandra Brown (Obesity Lead Officer, North Tees PCT); Deborah Gibbin (North Tees PCT Portfolio Manager); Mr G Davies (Non Voting Co-opted Representative).

**Apologies:** were submitted on behalf of Cllr Broughton, Cllr Sherris, Mr Frank, Mr Cash, Mr Beach, Mr Campbell, Mr Lupton, Mr Percival.

## **1       Declarations of Interest**

## **2       Minutes for Signing - 6th and 13th February, 2008**

The minutes of the meeting held on 6th and 13th February, 2008 were signed by the Chairman as a correct record.

## **3       Draft Minutes - 1st May 2008**

The draft minutes of 1st May 2008 were agreed as a correct record.

## **4       Review of Obesity**

Members received a presentation by Sandra Brown, Obesity Lead Officer, North Tees Primary Care Trust, on the Progress with Childhood Obesity across the North Tees Area.

As part of the evidence for this review Members were provided with a copy of the Government Office for Science report about tackling obesity and possible options to tackle it.

Nationally, a cross-government strategy had been produced as the first step in a sustained programme to support people to maintain a healthy weight. It would be followed by a public annual report that assesses progress, looks at the latest evidence and trends, and made recommendations for further action.

Two main documents that provide a focus for the work undertaken to tackle obesity by the PCT lead officers had been produced by the National Institute for Health and Clinical Excellence (NICE). The NICE reference guides were in two parts and gave guidance on the prevention, identification, assessment and management of overweight and obesity in adults and children. This should provide the Committee with an improved understanding of the impact of obesity initiatives.

The presentation looked at the Strategy, which focused on 5 key areas:-

- Children; healthy growth and healthy weight
- Promoting healthier food choices
- Building physical activity in our lives
- Creating incentives for better health
- Personalised advice and support

Information was provided on prioritising obesity at local levels; statistics on BMI surveillance at Reception and Year 6, broken down into genders and NRF areas etc.; commissioned services for 07/08 for both children and adults; Young Persons Active Health Scheme.

Members discussed the Leisure Saver Card and requested that this be distributed prior to the school summer holidays. Issues around the Leisure Saver Card would be discussed in more detail with Steve Chaytor at a future meeting.

Members discussed referrals to the Young Persons Active Health Scheme, generally referrals came through the School or School Nurse with a small amount of referrals through GP Practices.

Discussion was held on fast food outlets near to Schools and it was requested that further information be provided on how many fast food outlets were in the near vicinity to Stockton's Secondary Schools.

Other issues raised included monitoring of pack lunches, meal portion sizes at restaurants, choice of children's meals at restaurants, emotional relationships with food, and busier lifestyles.

Members requested a copy of a report on children's obesity and maternal employment. The Scrutiny Officer would distribute to Members.

## **5 Work Programme**

The next meeting would be held on 25th June to receive evidence from Peter Seller, Head of Strategy. An update on the Teenage Pregnancy Action Plan would also be provided. It was requested that the Scrutiny Officer email a copy of the final report on the Review of Teenage Pregnancy to Members prior to the next meeting.

It was also requested that the Scrutiny Officer investigate receiving evidence from Environmental Health for the Review of Obesity.

CONCLUDED that the work programme be noted.

## **6 Chairman's Update**

The Chairman requested that Members consider questions for the next meeting in order to receive the most appropriate information for the review.

The Chairman and Scrutiny Officer together with other Members had recently attended a meeting of the North East Obesity Forum and would circulate notes from this meeting for Members information.

CONCLUDED that the Chairman's update be noted.